

Organs on a chip: regulatory perspective

AIMBE/NIBIB Workshop

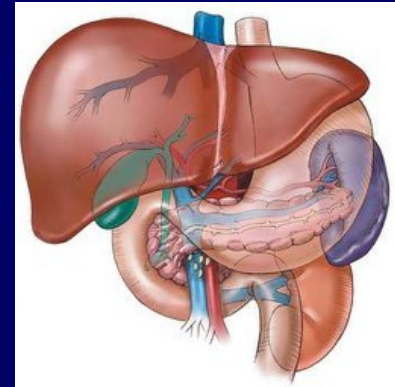
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Center for Drug Evaluation and
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Food and Drug Administration



Human on a chip: the next wave in toxicology or snacks for cannibals?



What information is currently derived from animal studies?

- Currently CDER requires data from animal studies to ensure that clinical trials can be performed safely.
- Data from animal studies are also collected for endpoints that cannot be studied in clinical trials.

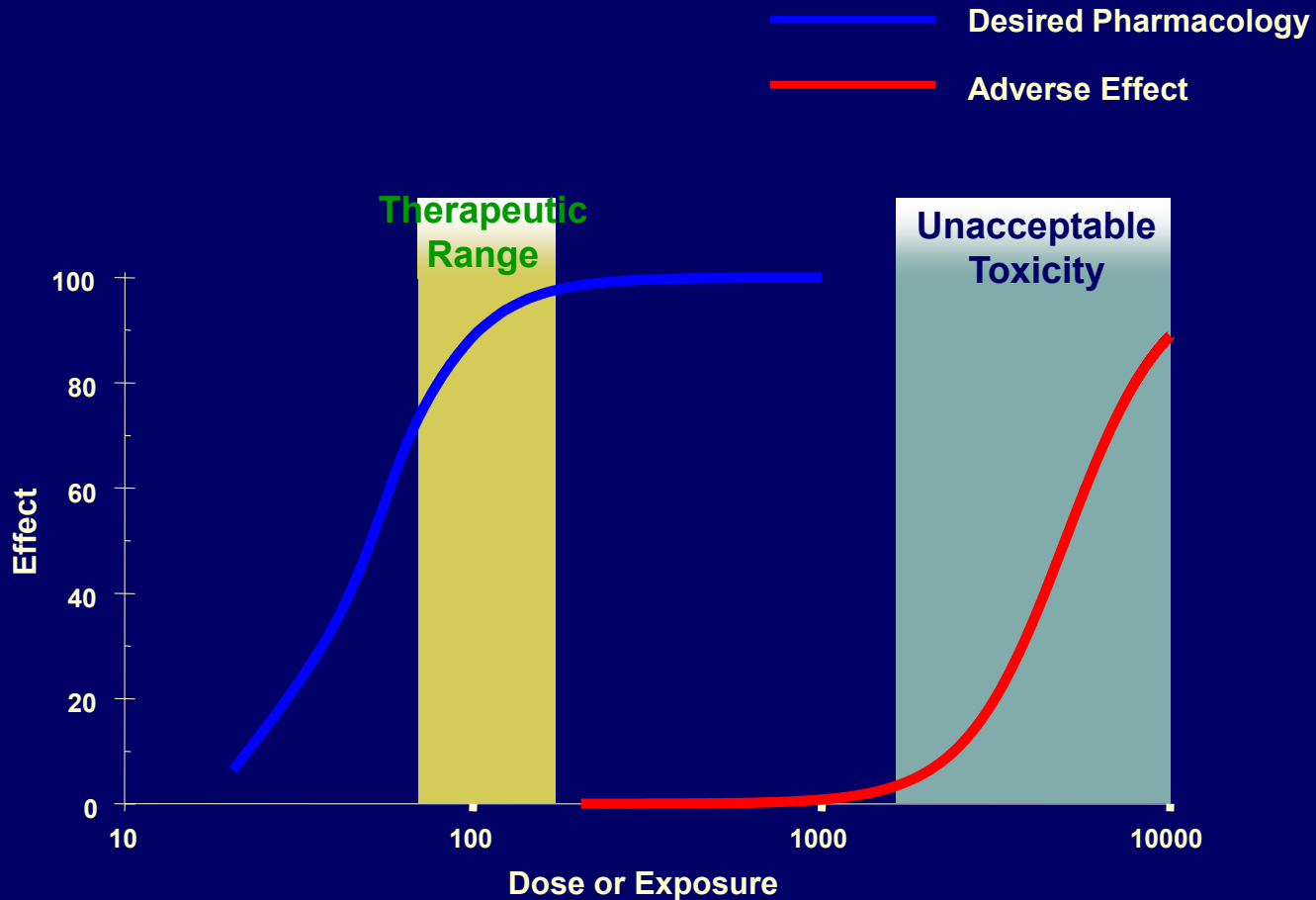


What types of data ensure safe conduct clinical trials?

- Safe starting dose for first in human administration; generally based on NOAEL in animal study.
- Safe stopping dose; generally based on unacceptable toxicity.
- Safety monitoring plan; what organ systems at risk?
- Preclinical information discussed in Investigator's Brochure and in Patient's Informed Consent.
- First in man studies generally performed in health volunteer subjects. No risk/benefit balance, only risk. In general, clinical trials have a history of safety.



First-In Human Dose Selection



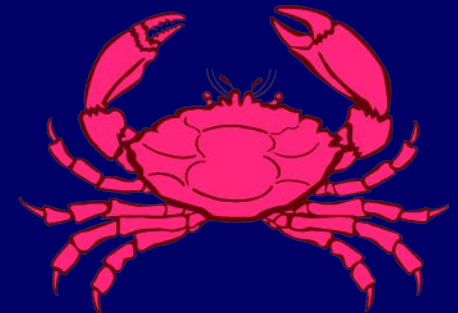
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What toxicities cannot be identified in clinical trials?



- Teratogenicity: don't want to deliberately expose pregnant women.
- Carcinogenicity: long latency period and insensitivity of epidemiological studies preclude identification of this adverse effect.
- Long term toxicities



Nonmonitorable toxicities: teratogenicity, eg thalidomide

- Prescribed to pregnant women for nausea and insomnia.
- Resulted in over 10,000 births with severe limb malformations.
- Link between exposure and adverse effects was possible because of the potency of the drug and relatively short time period between exposure and manifestation of effects.



Nonmonitorable effects: carcinogenesis, diethylstilbestrol (DES)



- Prescribed to pregnant women to maintain pregnancies.
- Increased risk (1 in 1000) for clear cell adenomas of the vagina and cervix in female offspring.
- Link between exposure and risk could be made because of the rarity of tumor type. If exposure increased risk for a common cancer, might not have been detected.



What other nonclinical information do we need in the course of drug development?

- Safety pharmacology (CV, pulmonary, CNS)
- General toxicology
- Genetic toxicology
- Pharmacokinetics
- ADME (absorption, distribution, metabolism and excretion)
- Reproductive toxicology (fertility, teratogenesis, postnatal development)
- Carcinogenicity
- Special studies (e.g. juvenile)
- An alternative *in vitro* system would have to provide information on all these potential toxicities.



Challenges

- We currently examine approximately 50 tissues per animal in a standard toxicology study.
- Animal studies, depending on the endpoint and species, utilize multiple individuals per dose. How many chips would be needed to supply data for drug development?
- Would they be chips with cells derived from the same source or would chips have tissues from multiple individuals?



Challenges

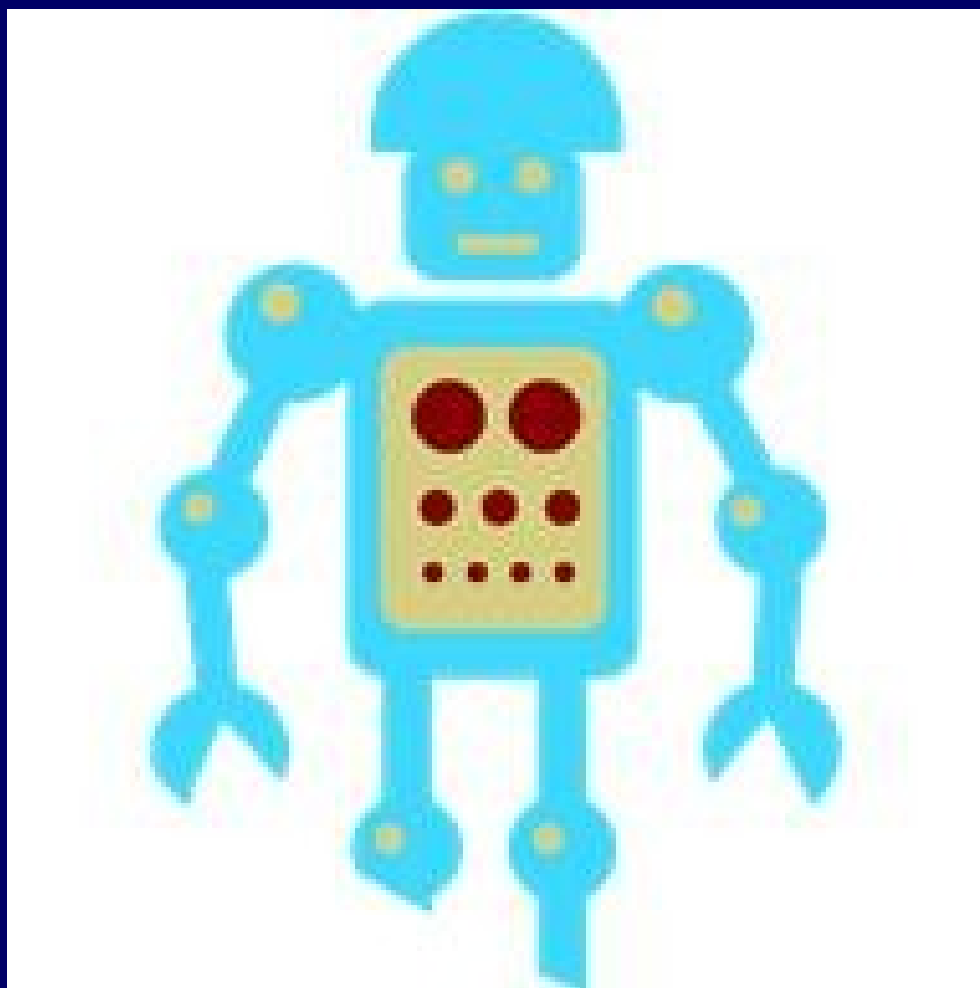
- What are the sources of human tissues: iPS cells versus primary cultures from biopsies/autopsies?
- Differentiated cell types need specialized cell culture medium. Cells on a chip need to be bathed in a common medium.
- Will the immune cells in a chip recognize the other cell types as foreign and destroy them?



Validation: the Holy Grail

- New candidate replacement assays will need to be run in parallel with traditional assays.
- New assays must have equal or improved predictability over traditional assays.
- We are confident we can get there, the only question is how long will it take?





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