

CDS needs NLP—  
because we need to be looking  
not just where the light is

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# We know how to do rules well

**IF:**

An order for a contrast-enhanced FLUOROSCOPY is received  
AND

The patient's serum BUN level is HIGH AND

The patient's serum CREATININE level is HIGH,

**THEN:**

Send a message to the patient's physician via electronic mail indicating a possible adverse effect of contrast agent use in this setting.

# Which means we're really good at identifying

- Drug–drug interactions
- Contraindicated drugs
- Alternative medications at time of order entry
- Abnormal laboratory results
- Opportunities for immunizations or preventive services

# But we continue to look for our keys where the light is

- We are really good at finding CDS opportunities that are amenable to rule-based solutions that act on coded data
- We blithely ignore that rule bases are “brittle” and hard to for developers to maintain
- We are not yet addressing the decision-support challenges required by an aging patient population

# Where simple rules fail us

- Guidelines for chronic disease where
  - Treatment unfolds over time
  - Interventions depend on response to previous therapy and the state of the disease
- Attempting to apply evidence-based practice in the setting of
  - Polypharmacy
  - Multimorbidity
- Making decisions when there are no guidelines



## ATHENA Hypertension Advisory

References Sources

Patient Name

XXXX-XX-XXXX

[View Patient Summary](#)

## Recommendations

## Lifestyle

## Adherence

## Assumptions

## Patient Summary

**Blood Pressure apparently not under control:**

Based on last measurement of 145/92 taken 87 days ago on mm/dd/yyyy

CARDIO RISK FACTOR\*

**23% High**\*Estimated 10 Year cardiovascular risk factor for this patient [Explain](#)

## Recommendations

[Other Patient Information and Alerts](#)

- Consider intensifying drug treatment: **BP Elevated** based on most recent available BP
- There appears to be a **Strong Contraindication** to a currently prescribed drug, evaluate clinical significance
- Bronchospasm is a **Strong Contraindication** or use of beta adrenergic receptor antagonists, although many patients tolerate and therefore benefit from this drug therapy

Review lifestyle modifications with the patient. See the [Lifestyle](#) page.

## Therapeutic Possibilities

## Indications

## Contraindications

(CLICK FOR IMPORTANT PRESCRIPTION INFORMATION)

 Discontinue [atenolol](#)
 Heart Failure [EVIDENCE](#)  
 CKD

Bronchospastic disease

## AND start one of the following drugs

[ACE Inhibitors \(lisinopril\)](#)
 Heart Failure [EVIDENCE](#)  
 CKD [EVIDENCE](#)
[\(non-DHP\) Calcium Channel Blocker \(diltiazem\)](#)

CKD

Heart Failure

## Add one or more of the following drugs

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CKD

Heart Failure

Increase dosage of hydrochlorothiazide

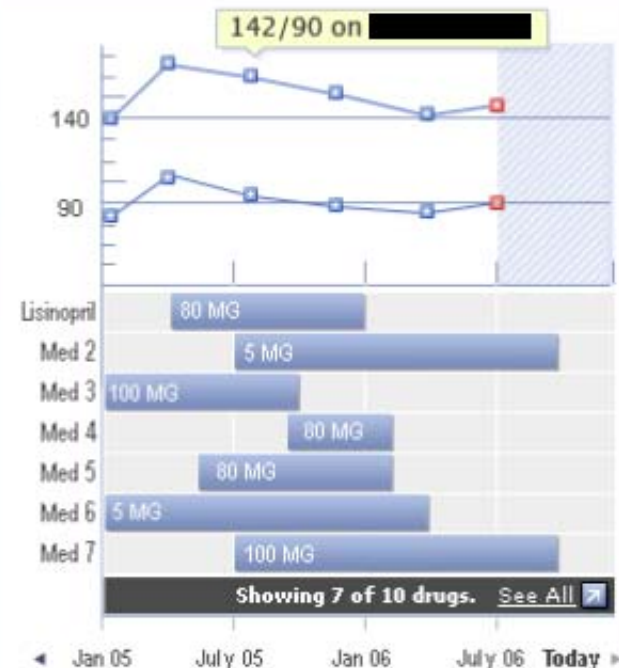
Compelling Indication  
 Relative Indication  
 Relative Contraindication  
 Strong Contraindication  
 Adverse Effects

Don't forget you know the patient better than we do message utpat lorem ipsum dolor sit amet, consectetur adipiscing

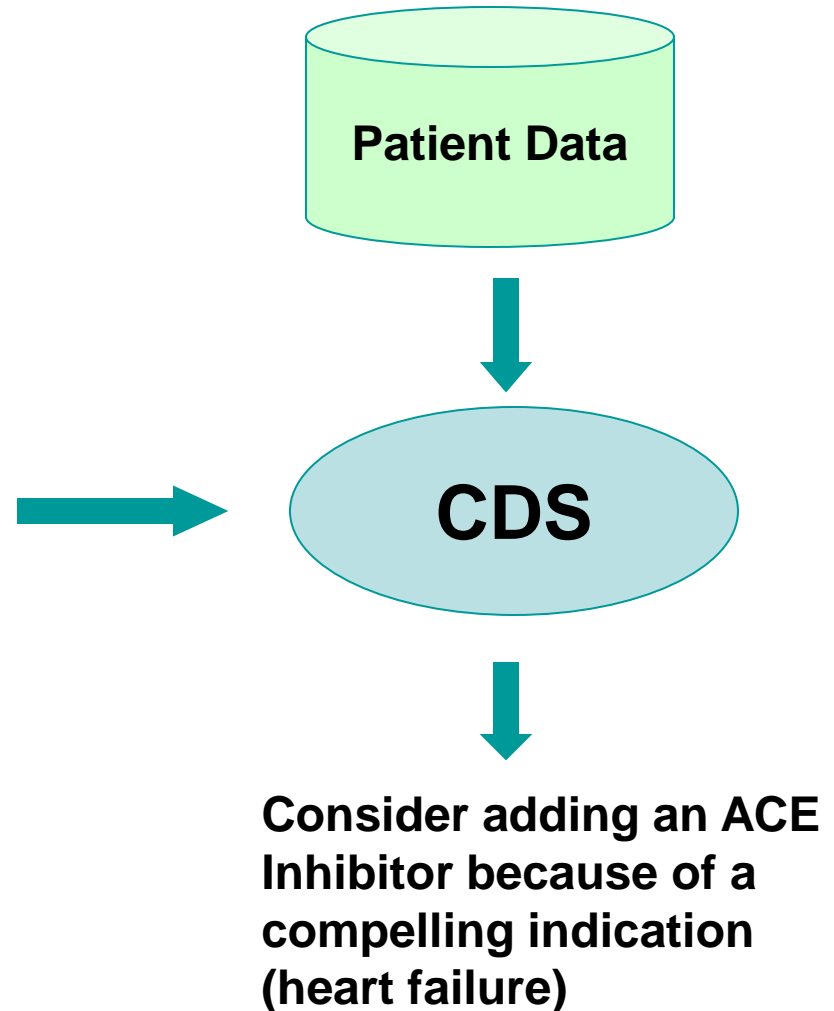
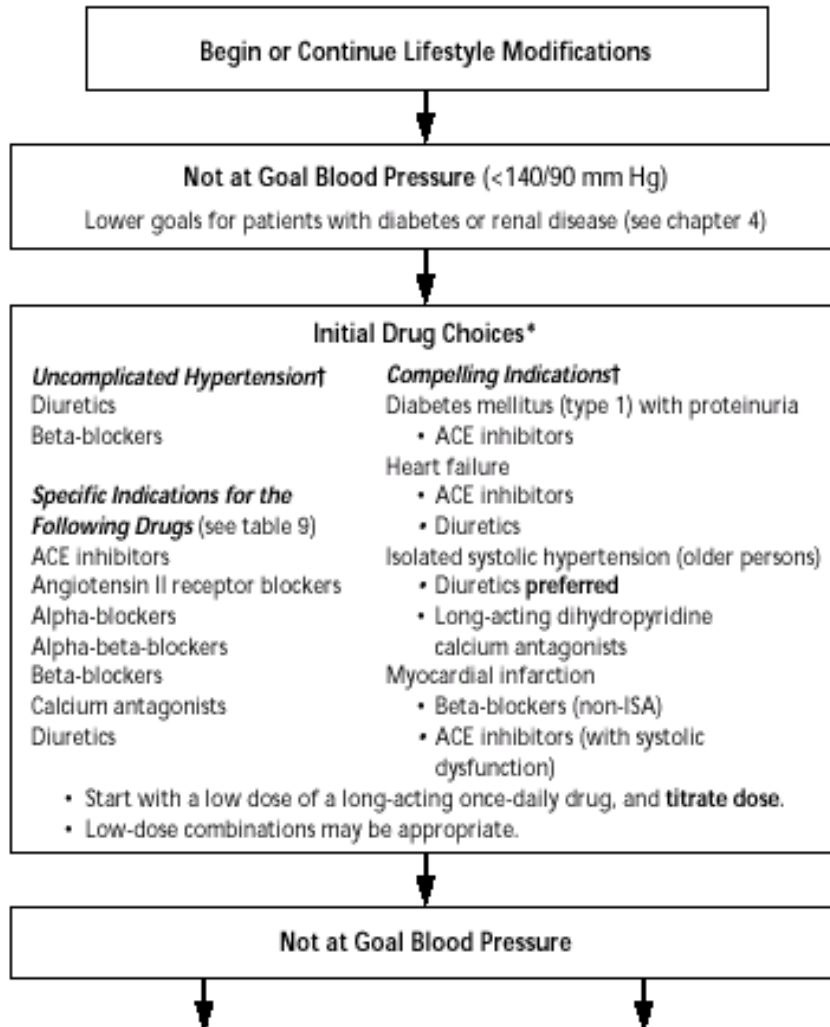
Enter a new BP:

**Update**Date: MM/DD/YR ☐ Write back to Vista

## Blood Pressure and Prescription History

Do you have feedback for the Research team?  
Thank you!
☐ Do not display advisory for this clinic visit again**Exit**

# ATHENA is driven by coded data





Knowledge Tree Classes & Instances Sage Classes

## CLASS BROWSER

For Project: ImmunoCycle5\_3v23Neb

## Class Hierarchy

- :THING
- ▶ • :SYSTEM-CLASS
  - VersionNote
  - ▶ • Expression
  - ▶ • DataModel
  - ▶ • Concept
  - ▼ • Guideline\_Model\_Entity
    - Guideline
    - ▶ • Recommendation\_Specification
    - ▶ • Decision\_Specification
    - ▶ • Action\_Specification
    - Supplemental\_Material
    - Evidence\_Statement

## Superclasses

• Guideline\_Model\_Entity

## CLASS EDITOR

For Class: Guideline (instance of :STANDARD-CLASS)

## Name

Guideline

## Role

Concrete

## Documentation

A computer-interpretable clinical practice guideline or clinical protocol.

## Template Slots

Name	Cardinality	Type
configurable_paramet...	multiple	Instance of Variable
de-enrollment_criteria	multiple	Instance of Criterion
description	single	String
enrollment_criteria	multiple	Instance of Criterion
evidence_statements	multiple	Instance of Evidence_Sta...
label	required s...	String
metadata	single	Instance of Guideline_Mel...
recommendation_set	required i...	Instance of Recommenda...



## Identifier

VA/JNC-VII Hypertension Guideline

## Title

The clinical information from this system is advisory only and is intended to supplement the knowledge of health care professionals regarding the management of hypertension. It is not intended to replace sound clinical judgment or individualized patient care in delivery of healthcare services.

## Authors

NIH NHLBI Joint National Committee  
Mary Goldstein, MD  
Brian Hoffman, MD  
Susana Martins, MD MSc

## Version

February, 2009

## Clinical Algorithm

◆ hypertension management diagram

## Goal

- ◆ BP target patient with diabetes mellitus
- ◆ BP target for patient without diabetes mellitus

## Eligibility Criteria

- ◆ presence of diagnosis of hypertension
- ◆ absence of renovascular disease
- ◆ no diagnosis of pregnancy
- ◆ Absence of Secondary Hypertension
- ◆ absence of spinal cord injury

## Patient Characterization

- Risk\_Group\_A
- Risk\_Group\_B
- Risk\_Group\_C
- Home\_BP

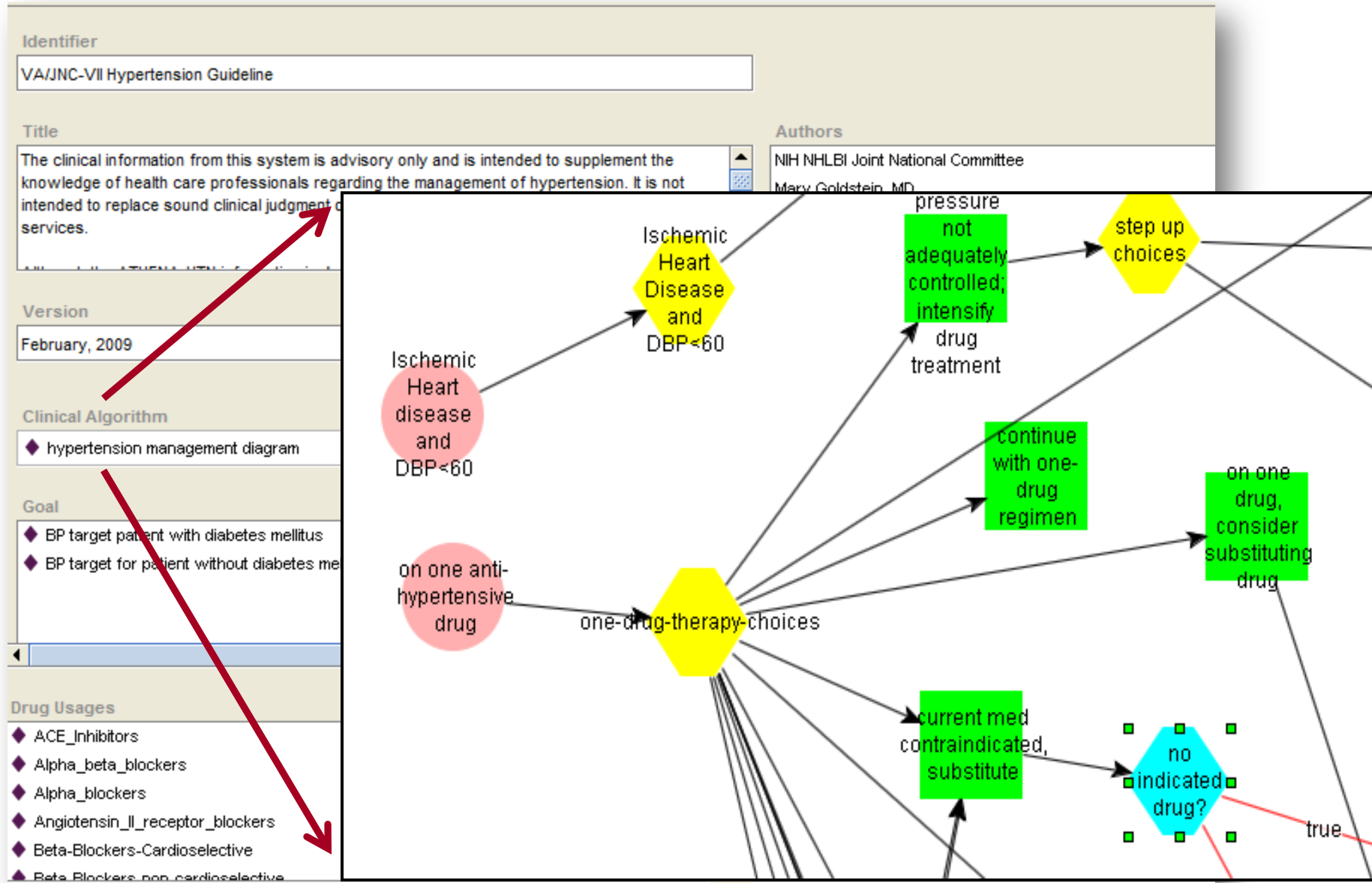
## Drug Usages

- ◆ ACE\_Inhibitors
- ◆ Alpha\_beta\_blockers
- ◆ Alpha\_blockers
- ◆ Angiotensin\_II\_receptor\_blockers
- ◆ Beta-Blockers-Cardioselective
- ◆ Beta-Blockers-non-cardioselective

## Guideline Drugs

- ◆ acebutolol
- ◆ amiloride
- ◆ amlodipine
- ◆ amlodipine besylate
- ◆ atenolol
- ◆ captopril

# ATHENA HTN Knowledge Base





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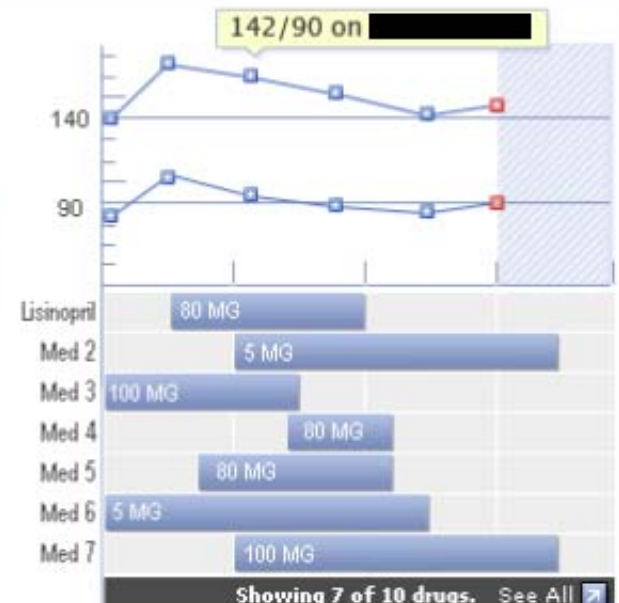
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## Blood Pressure and Prescription History



Jan 05   July 05   Jan 06   July 06   Today

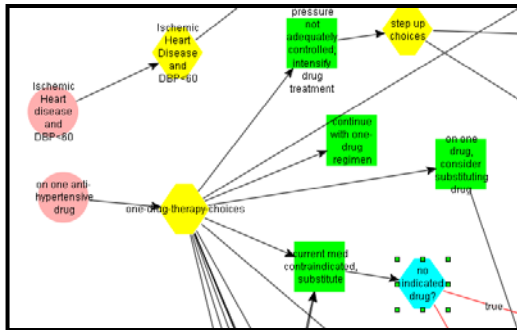
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# What's missing from the coded data?

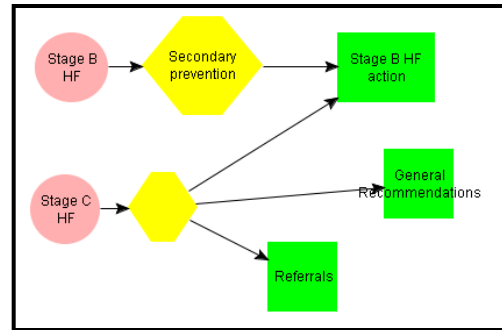
- Patient preferences
- Provider preferences
- Patients' social support and other factors that affect adherence to treatment
- Use of over-the-counter medications and of drugs prescribed elsewhere
- Comorbidity
- The clinical practice guidelines according to which the patient is being treated!

# ATHENA addresses individual practice guidelines in isolation

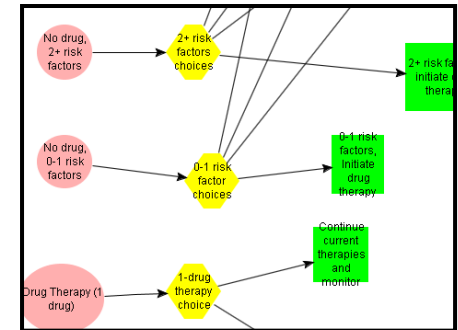
ATHENA Hypertension



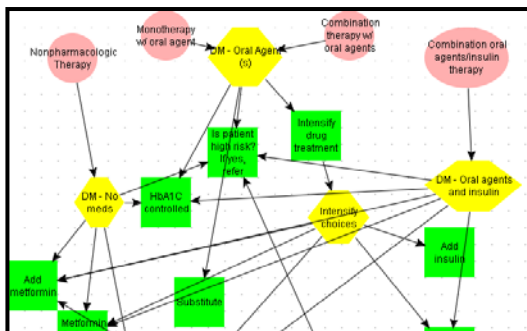
ATHENA Heart Failure



ATHENA Hyperlipidemia



ATHENA Diabetes



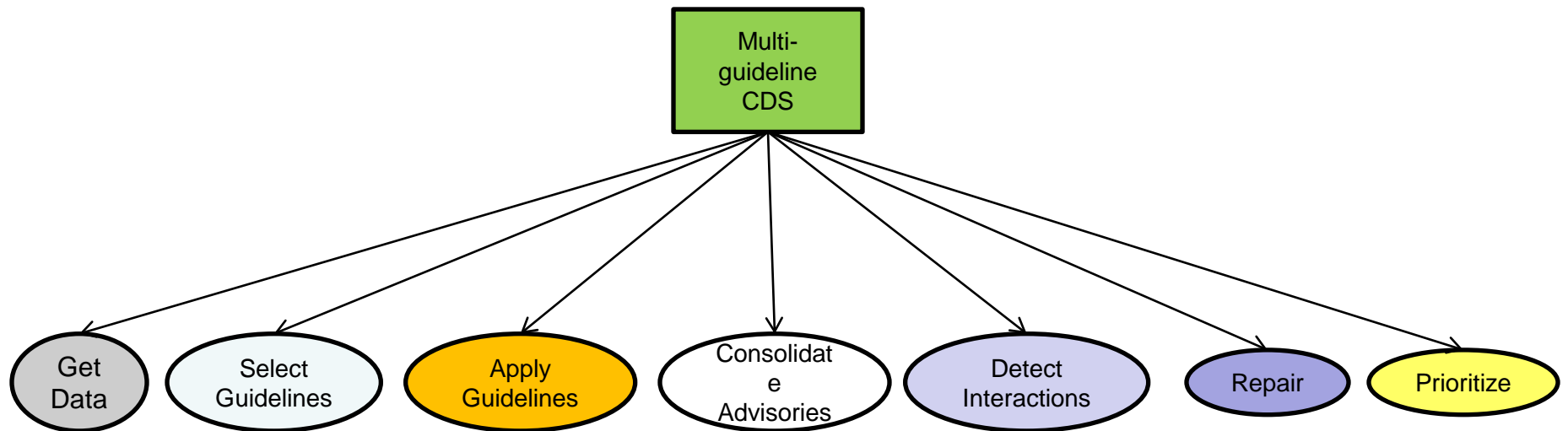
ATHENA Renal Disease



ATHENA Opioid Therapy



New research addresses  
application of more than one  
guideline to patients who have  
co-morbid conditions



# But dealing with multiple co-morbidities is hard

- There rarely is evidence to support decision making in the setting of co-morbidity
- Understanding the *relative* effects of co-morbidity on patient functional status involves considerable nuance
- Decision models can become explosively complicated
- Decision making, in the absence of formal evidence, needs to be informed by stored experience with similar complex patients

# CDS needs NLP

- To incorporate all the non-coded data that bear on decision making
- To identify historical cases of patients with similar co-morbidity and similar treatment situations
- To help CDS to address all situations for which patients and providers need advice—not just those that can be framed as single situation–action rules





THE LEARNING HEALTH SYSTEM SERIES

ROUNDTABLE ON VALUE & SCIENCE-DRIVEN HEALTH CARE

# ENGINEERING A LEARNING HEALTHCARE SYSTEM

A Look at the Future

Workshop Summary



INSTITUTE OF MEDICINE AND  
NATIONAL ACADEMY OF ENGINEERING  
OF THE NATIONAL ACADEMIES